



ISSUE 03
JUNE 2011

Community Education News



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K E E L E
UNIVERSITY

EDITORIAL TEAM



Dr Simon Gay



Dr Peter Coventry



Helen Derbyshire



Dr Stuart McBain



Dr Lauren Brooks



Dr Sheena Gibson

Welcome to the third edition of Community Education News. You will receive this newsletter three times a year broadly in line with the start and end of our semesters October, February and May. It is intended to provide an opportunity to share what is happening at the Medical School and to give you a platform to celebrate your successes or to advertise your events and services. If you have any articles or adverts for inclusion in the next edition please email them to h.derbyshire@hfac.keele.ac.uk.

The Editorial Team comprises of Dr Simon Gay; Clinical Lecturer in Medical Education, Dr Peter Coventry; Senior Lecturer in Medical Education, Helen Derbyshire; Placements Development Officer, Dr Stuart McBain; Teaching Fellow in Biomedical Science, Dr Lauren Brooks; Lecturer in Health Sociology and Dr Sheena Gibson; Clinical Lecturer in Medical Education.

PROVIDER NEWS & EVENTS



Wyldwoods is a registered charity (No. 1128886), set up to offer 'creative arts for well-being' for all sorts of people from all walks of life. It operates in a beautiful and peaceful corner of rural Shropshire with places in which people can explore, work alongside nature and get creative. We have converted stables as workshops, a Mongolian yurt, adventure trail, meeting areas, a wooden henge and small orchard.

Wyldwoods has recently completed a successful series of taster sessions for people from Telford and Wrekin through Community Health Fund Grant. They included those who were long term unemployed and people with mental health issues. Activities during the taster session included; green wood working, ceramics, organic gardening and small animal care. Wyldwoods are now able to offer 6 further taster sessions to similar groups from Shropshire.



On **25th June 2011 5pm -11pm** we are holding an annual fundraising event entitled Beer, Bands and BBQ. Tickets are on sale now at a cost of £10 each.

If you are interested in the taster sessions or wish to attend the annual fundraiser please contact Stephanie Brett steph.brett@wyldwoods.co.uk or visit www.wyldwoods.co.uk

Glebe Symphonic Winds present a

Stage and Screen Spectacular Concert

Musical fun for the whole family with all your favourite stage and film themes

Saturday June 11th 2011 730pm

Victoria Hall Hanley

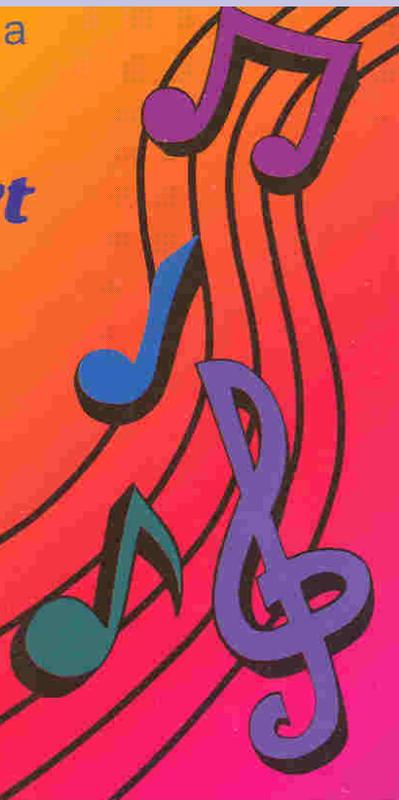
www.ambassador tickets.com/Victoria-Hall

Victoria-Hall

Box Office 0844 8717649

in aid of

CANCER RESEARCH UK



PROVIDER NEWS & EVENTS



Find The Strength

Strength Walk

On Sunday 12 June 2011, Victim Support are holding their first ever national fundraising event. The Strength Walk and Family Fun Day.

In the West Midlands we are organising our walk at Sandwell Country Park. Walkers of all ages will walk, run or even crawl around the 3 mile course (we have a shorter course for younger or less able participants). Everyone is welcome to join in.



The more people that take part, the more fun it will be and the more funds we can raise to help local victims of crime.... so please contact **Jacqui 07899 933544** or **Gaynor 07500 100700** for an information pack and to register.



CEREBRAL PALSY MID STAFFORDSHIRE

Cerebral Palsy Mid Staffordshire has enjoyed supporting year 2 students this year and for the past 3 years with the SSC programme. We hope that the opportunities we have shared will influence their knowledge of Cerebral Palsy and develop their understanding about the effects on the child/adult and their families.

We have a holiday bungalow on the Welsh coast for use by families who have a member with a disability. It is equipped with a wet room and hoist.



Mid Staffs Cerebral Palsy have a membership of 240 people of all ages. We share premises with Greenhall Nursery School, Stafford. We follow children through all the transition periods into adulthood. We also have a computer centre for those over 18 years old.

We are engaged in vigorous fund raising activities throughout this year and would appreciate any support you may be able to offer please contact Betty Cartman for further details (01785) 255526, office@cpmidstaffs.co.uk or visit www.cpmidstaffs.co.uk.

PROVIDER NEWS & EVENTS



GINGERBREAD

Catherine Court Young Parents Project

CELEBRATE THE PARENT CHARTER AWARD



Staff and residents from Gingerbread Catherine Court celebrated as they received the VAST Parent Charter Award on 21st February 2011.

The award was presented to residents and staff at Catherine Court by Lesley Boughey (Parent Expert) and Margaret Elks (Quality assurance Coordinator) during a buffet lunch at the project.

Also in attendance to celebrate this achievement were CEO of Gingerbread Barbara Fox and Parenting Commissioner Chris Welton.

A number of residents, their children and partners were present to join in the celebration of this achievement which was awarded to parents and practitioners in recognition of Gingerbread's provision of high quality teenage parenting support in the city of Stoke on Trent and the level of engagement that residents have.

The award process required Gingerbread, Catherine Court to assess itself against the parent charter's stringent requirements. Residents were then interviewed by Margaret Elks to assess the impact of the service upon their lives and the lives of their children and to see if the service was indeed parent friendly.

Following this process Gingerbread, Catherine Court was advised that they had achieved this award with outstanding feedback from residents and without the need for any further recommendations.

This award further demonstrates the continuous improvement of the Supporting People service, the dedication of the staff at Gingerbread ensures that the young parents of Stoke on Trent receiving the service are given the best possible opportunities and choices for a positive outcome for themselves and their family.

All staff and residents were very pleased to have been given the opportunity to apply and qualify for this award.

Reg Charity: 1088344



School Welcomes Palestinian Visitors

During March the School of Medicine welcomed two guests from Palestine. Dr Mahmoud A.A. Khrishi (Director of Psychiatry - Al -Najah University) and Dr Samah Jabror (Director of Psychiatry - Birzeit University and Ramallah Community Mental Health Centre).

Their visit was initiated by the World Health Organisation, funded through the International Medical Education Trust and organised by BeSST (Behavioural and Social Science Teachers in Medicine). Judy Rock Co-ordinator of Behavioural and Social Sciences within the School of Medicine arranged the programme of activities for our guests.



ABOVE: Visitors pictured with students from



ABOVE: Visitors pictured at dDeaflinks with Kathy Bradbury, Hazel Williams, Dr Simon Gay and Helen Derbyshire

The aim of their visit was to enable them to promote and support Behavioural and Social Sciences within Palestinian medical schools. They wished to encourage more trainee doctors into psychiatry as there are only fifteen psychiatrists in the whole of Palestine. They believe it is an unpopular career choice because of the stigma attached to mental illness. During their stay they observed lectures, small group teaching, and inter professional activity and were provided with a curriculum overview. They also had the opportunity to meet and talk to Module 1 students.

Our guests also enjoyed visiting placement providers within the locality namely; dDeaflinks, Blackfriars School and Stoke Health Centre. Following their visit to these placements our visitors reflected on how they could possibly utilise community resources within Palestine to support their teaching.

Special thanks to all those who participated and welcomed our visitors and contributed to the international reputation of the school.

Judy Rock - Co-ordinator of Behavioural and Social Sciences

Alcoholics Anonymous: Enhance Students' Learning



During their first year medical students take part in an Experiential Learning session (½ day) where they are given the opportunity to meet volunteers from Alcoholics Anonymous (AA) who speak to the students and share their experiences of alcohol addiction.

The School would like thank AA and volunteers for their continued support. One of the AA volunteers has very kindly written about his experiences of volunteering and contributing to the education of our future doctors:



“To an alcoholic who has found sobriety in Alcoholics Anonymous, any opportunity to 'spread the message of recovery', is one that should be grasped and used to its full potential. That is not to say I did not find the idea of sharing my experience, strength and hope to a group of medical students somewhat daunting, but it is certainly not an opportunity to be missed.

Having the chance to informally chat to the students and sharing how alcohol came to dominate my life and how I have found sobriety through the Twelve Steps of Alcoholics Anonymous was a hugely rewarding experience.

The students were warm, friendly and courteous with many insightful questions. My hope is that by enhancing the knowledge of recovery in AA to medical students that one day they may have the knowledge to help a patient who has lost control of their drinking in the future or maybe even themselves or a colleague”.

A Member of Alcoholics Anonymous and Volunteer at the Medical School

Alcoholics Anonymous is a fellowship of men and women, who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied to any sect, denomination, politics or organisation or institution: does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

To contact AA use the following web site or national number:

www.alcoholics-anonymous.org.uk

National help line number (calls charged at local rate) 084 576 97555

Lay Involvement - Medical Student Selection Interviews



Four or five times each year I am invited to spend half a day at the Medical School in the company of some rather extraordinary young people who are some of the brightest and most interesting people of their generation whom we interview for places in the School. The school's organisation is impeccable and I'm given a choice of sessions months in advance so it has been straightforward to organise my diary.

Some are as young as seventeen yet they have acquired CVs which include adventurous and creative achievements, experience in caring for others or involvement in medicine which are often very striking and clearly underpin their desire to become doctors.

It is 40 years since I was being interviewed at Keele and whilst it was challenging and stimulating all I had to do was demonstrate my enthusiasm for English literature and my potential as a student.

I sit on the interview panels with others from the School and Medical profession and we have only twenty minutes to get the best from each candidate. At the forefront of my mind is, 'in five year's time would I be happy to see this young person by my hospital bed?' Are they sufficiently self-aware to recognise the kind of skills and knowledge they will have to acquire if they are going to be able to explain complex information to a worried patient? Can they hold the needs of the patient in their mind as well as the challenges of the science and the technology of modern medicine which so obviously fascinates many of them and has drawn them towards the subject in the first place?

I continue to be really enthusiastic about the task because the quality of the candidates we see is uniformly high and, in my view, seems to have become even stronger over the last four years. So I shall keep coming back for more for as long as I'm invited.

I would also applaud Keele's commitment to the use of lay members or, to use the current NHS jargon, Patient and Public Involvement, in the selection of undergraduates. Fundamental to continuous improvement in medicine and public health is real collaboration with us, the users of the services. The doctors of the future will have to be accustomed to this notion of 'nothing about us without us' and the initial interview is a good place to start. I am concerned too with widening participation: if we are to see our doctors as ever more sensitive to, and representative of, the whole of society then widening the range of lay participation in their selection and training should assist.

Mr Andrew Worrall

The School would like to extend its thanks to Andrew for sharing his experience and continuing volunteer. Thanks to all our other volunteers who also kindly give their time to support this and many other endeavours at Keele

An Opportunity For You?

If you are interested and wish to find out more The School of Medicine is looking for willing volunteers to assist with student interviews. These will be held in December 2011, February and March 2012.

In the first instance, please contact Mrs Angela Lovatt in the admissions office on (01782) 733642 or email a.lovatt@hfac.keele.ac.uk for further information.

NEW MODULE 5 - AUGUST 2011

In August this year the final year of the School's 5 year MBChB Undergraduate Curriculum commences. The final year aims to prepare students for life after Medical School and concentrates on the synthesis of knowledge and skills to provide a seamless transition to the workplace so they are ready to start work confidently on day 1 of Foundation Year.

Throughout the year they will consolidate their existing knowledge and refine their skills through immersion in primary and secondary care assistantships. Students will spend fifteen weeks in Primary Care (General Practice) and in Secondary Care (Hospital) respectively. Students will follow one of two pathways: either starting in GP Assistantship or alternatively in Secondary Care Assistantship.

CLUSTER PROJECTS



During the general practice assistantship students will spend half a day a week working in groups on a community project. The aims of the project component are multi fold and it is anticipated that students will develop team working and leadership skills as highlighted in *Tomorrow's Doctors 2009*. Projects will also provide students with the opportunity to collectively give back something to the community which has supported their education for the previous five years.



We are looking forward to welcoming Keele's module 5 students and are hoping that students can become involved in making links between General Practice and our exciting new Speech and Language project. This project has ambitious aims to improve children's life chances and to reduce the risk of future offending, through early intervention aimed at improving attachment between children and their parents. At the recent launch of the project a Shropshire

Councillor reminded us of the authoritative impact of Doctors' injunction to expectant mothers to 'talk to your bump'.

Mr Jonathan Hopkinson
Senior Organiser
Home-Start South Shropshire & Bridgnorth



MULTIPLE SCLEROSIS SOCIETY

LOOKING FORWARD TO WELCOMING & WORKING WITH FINAL YEAR STUDENTS

The MS Society is very excited to be working with Keele University School of Medicine, helping future graduates to be more aware of the third sector organisations within the communities they serve. This knowledge is crucial if doctors are to understand patients' experiences and it is also important for doctors to be aware of the wider range of resources that might help patients and their families. Secondly, we hope that potential new GP's have an increased awareness and understanding of the particular issues facing patients with a Neurological Condition and more specifically Multiple Sclerosis, not only raising awareness of specialist professional support from MS Nurses, but the other forms of support for patients outside of the NHS.

There are approximately 100,000 people in the UK with Multiple Sclerosis, this means that:

- Seven people are diagnosed every day,
- Average age of diagnosis, is early 30s,
- Three times as many women as men have MS.

The MS Society has a network of over 300 branches nationally who facilitate a wide range of support for people affected by MS through:

- support Groups and exercise classes,
- dedicated support help lines and trained support volunteers,
- Publications and financial assistance through grants.

Outside of the NHS charities provide many of the services which people need within their local communities. We believe that the nature of this collaborative working between Keele University School of Medicine and the local branches of the MS Society, will also bring additional benefits for students, providing opportunities to engage with voluntary organisations locally in a very practical way, that will hopefully build positive long term relationships with the MS Society and the GPs of the future, providing the best possible support to people affected by MS.

Joanne Seaborne

Service Development Officer MS Society West Midlands

Karen Whittaker

Chair of the Telford MS Society Branch

KEELE'S NEW RURAL CAMPUS - Ludlow

In 2008, the School of Medicine commissioned Dr John Wynn-Jones and the Institute of Rural Health to scope the potential to establish a rural campus in South Shropshire. Work on establishing the South Shropshire Rural Campus has progressed over the last 12 months and we will be welcoming our first students in December this year.

The notion of a campus without walls, using the rural community, local services and those involved in delivering the services as a teaching tool and an environment for learning is an attractive and practical option for teaching medical students which may be new in Europe but has been developed successfully in rural areas around the world such as Australia and North America.

The Keele campus takes the concept of a Rural Campus a step further and places the Keele Campus as one of the most innovative rural medical educational programmes in Europe. Keele Medical School covers a large rural area taking in Staffordshire, Shropshire and parts of the Welsh Borders and Herefordshire. Until now GPs and other health care professionals working in the more rural areas have not had the opportunity to become involved in teaching and delivering the Keele curriculum due to their remoteness and the limited transport links until now. The Campus adds to the School's wide spectrum of community placements and will give students the opportunity to become involved and share the high quality of care that rural community health care services have traditionally provided.

The accommodation will consist of 12 rooms at the Ludlow Conference Centre and Ludlow will become the hub of the Campus with students travelling out across South Shropshire, parts of North Herefordshire and the Welsh Marches.

It has been a long journey but the practices have been recruited and the target completion date for the student accommodation is 1 November 2011 in time to take its first students on 5th December 2011.

We believe the Rural Campus can make a unique contribution to medical education by providing our students with the chance to live and learn in a rural community and to experience the challenges and rewards of rural healthcare.

STUDENTS @ KEELE

Module 1 - Chronic Illness Placement



During this placement I visited an elderly patient with chronic rheumatoid arthritis. I went into the clinic expecting to do a routine interview and practice communication skills along with my colleague and return with notes on how chronic rheumatoid arthritis had impacted the patient's life. This was one of my first interviews with an actual patient (as opposed to a simulated one), so when our supervisor told us he would come back in 45 minutes I was apprehensive and unsure of how I could possibly conduct an interview for this long.

What I didn't expect was for time to pass so quickly. The patient's life story was intriguing and an hour passed in what seemed like minutes. I learnt so much about how one visit to a doctor and one diagnosis could change someone's life so drastically. Previously, I had only imagined the effects of an illness: but speaking to the patient and learning about the impact on their family life, social life and career was an insight.

Previously, I considered myself to be someone who does not easily get emotionally involved. However, this interview made me think twice. I found that seeing a patient distressed, hearing about discrimination they had faced and learning about the psychological and severe physical effects of the condition were overwhelming. It took a conscious effort for me to not get emotionally swept away but to stay focused and complete all the objectives of the session.

This was a special learning experience for me as not only did I improve my communication and interview skills, but I learnt something about myself too. This placement also gave me a whole new perspective on visualising a patient's situation from a holistic viewpoint.



Medical Students
Conference 2011



In January 2011, I was chosen by the Medical School Committee (MSC) Representative to accompany him and the IntraSchool Committee (ISC) Chair to the annual British Medical Association (BMA) conference in Edinburgh on 1-2 April 2011. Annually, delegates from medical schools across the UK gather at the BMA conference to set BMA policy for the coming year. These policies form the basis of BMA campaigning and focus on improving medical education in the UK.

Preparation for the conference was exciting as it was a novel experience for me. Motions had to be drafted to be put forward at the conference; these would then be voted on by the delegates present.

Being a first-time speaker in front of the whole conference was a somewhat exhilarating whilst simultaneously slightly nerve racking experience for me. However, walking back to my seat after speaking for the motion posed by Keele University gave me confidence and I was glad I had done so.

Palbha Jain, Module One Student

STUDENTS @ KEELE

MODULE 1 - Interview A Patient About Lifestyle



Gymphobics, was one of my favourite placements this year. I was given the opportunity to interview people about their lifestyles. Gymphobics is a female only environment focussed on toning and firming the body using resisted tension exercises. Its 30 minute workout in a supportive, friendly atmosphere and was originally designed for women who find gyms intimidating and who fear doing strenuous exercise.

We were warmly welcomed by the manager who told us more about Gymphobics and the stages involved when someone joined. I learnt a lot from the manager about the importance of good communication with the patients to help build a good rapport, to make asking the more sensitive questions easier. I had never heard of Gymphobics or such a company before and I was really interested to hear learn more about it. Overall I thought it was a really good way of encouraging more women to exercise.



We then interviewed some of the members, who were really positive about their experiences, and even let us try out the exercise machines they had been working on! I was intrigued to hear just how much Gymphobics had transformed their lives.

I would highly recommend this placement to fellow students, as it was useful in seeing how different methods can be used to encourage people to improve their lifestyle. I would also like to thank the staff and members at Gymphobics for making the placement so enjoyable and for their great hospitality whilst we were there.

Arani Vivekanantham, Module 1 Student

MODULE 1 - Interview An Elderly Person About Ageing



My view of the elderly before this placement was that they tended to be quite isolated, stay inside - not really interacting and were generally pessimistic. I felt a lot of sympathy for them as I could see how that life could be very lonely. However, during this placement the lady I interviewed completely challenged my preconceptions! In fact she lived a more active life than I do! Despite having had multiple cancers, lost her husband and developed osteoarthritis. This did not stop her going out clubbing with her daughter, socialising or travelling.

We spoke about how the loss of her husband had affected her and how life was now compared with when she was younger. Even though she was way into her 80's she did not even appear to acknowledge that she was 'elderly'. This experience has completely altered my view of the elderly and I will no longer stereotype.

This placement helped me to realise that I have many preconceived views of a lot of things/ people, which I meet in life which has made me aware that I need to be more open and not to judge people in general and that presuming can be dangerous. It also demonstrated to me the power of will and motivation and its impact on patient health

Nicolas Ellerby, Module 1 Student

STUDENTS @ KEELE

MODULE 3

CCS PLACEMENT GOLDENHILL MEDICAL CENTRE



At end of module 3 (2010), my community placement in General Practice at Goldenhill Medical Centre in Kidsgrove was an experience I did not expect. This was my first longitudinal encounter with primary care physicians, and I was initially sceptical. I did not expect to be practising close to the level of a junior doctor for four weeks!

On the first visit to the surgery we became acquainted with the staff and the office we would be working from, as well as the new rooms being built specifically for medical students placed at the clinic. My colleague and I were initially observing one of the doctors and I was left very disheartened by the whole experience, expecting this to continue for the following four weeks. In hindsight my assumptions were wrong, and the following days were much better. We quickly became part of the team and were well supported, even to the extent of travelling between work and home with the GPs.

During my placement, I experienced a brand of teaching very different to that seen in hospital. Compared to the intense, critical style of education offered by hospital physicians, GPs far prefer teaching using feedback. This led me to question which method was more superior, and whether this method reflects a personality trait required to practice community medicine. I learnt a lot during the placement and was able to further practice many of my clinical skills, particularly those often omitted in hospital.

I also had the opportunity to travel to the nearby residential home for 'ward rounds' not far removed from the familiar hospital rounds. Home visits gave me an appreciation of the difficulties experienced by patients in the community, particularly accessing healthcare and experiencing social isolation as a result of illness, particularly in the elderly. A striking feature of the home visits was how familiar the GP was with the patient and family. The doctors were always highly regarded by patients, and this provided me with a new respect for the speciality.

Although by the end of four weeks it was nice to be returning to the familiar hospital environment, I had developed my clinical practice substantially and learnt from two teachers who were suitably enthusiastic about the future generations of physicians. In summary, Goldenhill Medical Centre was an excellent experience and provided many opportunities to practise medicine in a friendly and encouraging environment. I would recommend making the most of such an enjoyable placement to any future students.

Benjamin Noble, Module 4 Student

STUDENTS @ KEELE

MODULE 2 STUDENTS LEAVE A LASTING IMPRESSION!



Module 2 Medical students Faisal and Sophie spent their 24hr SSC placement at Gingerbread Catherine Court with teenage parents. During this time an idea was developed to transform a boring cold landing area of the supported housing into a bright child friendly environment for the young parents and their babies.

After the theme was agreed the students and residents, planned the picture, purchased the equipment and worked together to achieve the excellent results above.

The students have left us with a permanent memory of their time with us; the staff and residents would like to thank Faisal and Sophie for all their hard work during their time at Catherine Court.

Catherine Court is a project of Stoke on Trent Gingerbread Centre; it is funded by Supporting People and provides 24 hour intensive support for teenage parents and their children. The support includes such things as parenting assessments, positive parenting, budgeting, managing a tenancy, appropriate and safe social relationships plus much more. The young parents come from a variety of backgrounds they are all homeless and have very different complex needs. Some have been sexually, physically and emotionally abused, nearly all have been neglected in some way. Our aim is to enhance the aspirations of these young parents and provide opportunities for them to achieve positive outcomes for themselves and their children.

Wendy Lubacz

wendy_lubacz@gingerbreadcentre.co.uk

FUNDRAISING @ KEELE



Dr Gibson joins celebrity cyclists for Women's Cancer Challenge

18-27th November 2011.

Lecturer in Community Medical Education and Penkridge GP, Dr Sheena Gibson is getting on her bike and taking positive action in the fight against breast, ovarian and cervical cancers.

Other cyclists include television presenters Dawn Porter (from *Super Slim Me* and *My Breasts Could Kill Me*) and Aggie MacKenzie best known for her Channel 4 series *How clean is My House?*

They will be challenging themselves as part of an all women team of cyclists riding through Kenya to support the work of three charities:

**Breast Cancer Care
Jo's Cervical Cancer Trust
Ovarian Cancer Action**

The group will cycle around 400km over five days-both on and off roads- experiencing Africa away from the usual tourist trails.

As well as training hard ,including cycling around Penkridge on home visits, Sheena also needs to raise £2800 to support the work of Action v Cancer charities and is asking for help to reach her target.

If you do feel able to help her justgiving website is :
<http://www.justgiving.com/Sheena-Gibson0>

Good Luck!

London to Brighton Bike Ride 2011

Dr Stephen Williams has convinced his wife to power him up the famous Ditchling Beacon as the 'stoker' at the back of the tandem providing the power for 56 miles from London to Brighton and the awesome Ditchling Beacon hill.

The weather could be good . . . or it could be awful but they plan to ride either way so please visit their website and consider a donation as every little helps the British Heart Foundation with its important work.

<http://www.justgiving.com/Stephen-Williams8>

Good Luck!



FUNDRAISING @ KEELE

CHARITY WAX OFF!

OUCH!



In March 2011, eight male first year medical students decided to raise money for a good cause and tolerate the painful experience of waxing their legs! The Students raised collectively **£440** - Well Done!

This was part of a charity fundraising week organised by the Keele Hindu Society and the Keele Desi Society. The money raised was donated to Cancer Research UK and Ekal Vidyalaya (a charity that educates underprivileged children in India).

The event started off using only wax strips, but soon progressed to the waxing volunteers asking for epilating and hair removal cream jobs to finish the job!

'Waxing wasn't too painful...I would definitely do it again, because of the money that we all managed to raise; it was worth it. However, epilating was horrible and I believe it's the devil's work!' said Fahad Iqbal, one of the participants.

Andrew Simon, another volunteer, described the wax off as 'the ultimate test of pure, gritty masculinity' and said that overall, it was a hilarious experience.

Luke Mueller decided to raise more money by waxing off his beard – a feat of ultimate courage! Overall Sewa week as a whole raised **£1215** for these causes.



CHARITY FASHION SHOW STUDENTS RAISE £700!



On Thursday 17th February a Fashion Show organised by the Keele Medics Charity Society (KMCS) took place where Keele students (including several medical students) strutted their stuff all in aid of Newlife Foundation.

The charity provides essential help and support to disabled children in the local community. There was a great turnout and guests had a fantastic time.

Many thanks to Sarah Lockey who was a super host and Professor Wass who made a generous donation, helping our grand total for Newlife £700!

We are pleased to announce that in its first year of existence the KMCS raised almost £2000 for local charities. We hope the society goes from strength to strength in future years.

Muhamad Jasim, Module 4 Medical Student



PROVIDER NEWS & EVENTS



'Honour' Related Violence

A half day session offering an introduction to honour related violence in communities. The course will examine what is meant by culture, its impact on community values and the relationship with honour violence; what constitutes honour related violence including why and how it happens; forced marriage; barriers for seeking help.

Savana has been working with survivors of sexual violence since 1986 and our specialist courses are delivered by our own professionally qualified trainers, whom also work as counsellors for the service.

Dates Available

Friday May 6th 2011	Tuesday Sept 27 th 2011
Thursday June 9th 2011	Friday January 20 th 2012
Thursday July 7 th 2011	Monday February 27 th 2012
Tuesday August 9 th 2011	Thursday March 8 th 2012

Our sessions are held at:
The Dudson Centre Hope St Hanley
9:30-12:30am

Refreshments are provided

For a booking form please e-mail or contact:

info@savana.org.uk

The Dudson Centre, Hope Street Hanley ST1 5DD
01782 221005

This session is free for Stoke PCT Staff
Funded by Stoke PCT



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The Dudson Centre, Hope Street Hanley ST1 5DD
01782 221005

This session is free for Stoke PCT Staff
Funded by Stoke PCT

PROVIDER NEWS & EVENTS

Who we are

Arch is a registered charity, which for over 21 years, has been offering support and advice to a range of people across Staffordshire.

Each year we work over 2500 people who are in housing need, families in need of support, victims and perpetrators of domestic violence and people seeking to return to education, training and employment.

The future we want to see

Arch wants to be part of a future where people live happily and safely in their own homes, a future where people can reach their full potential in a thriving neighbourhood.

Our Services

We offer a range of services including:

Domestic Violence: refuge accommodation, 1:1 support for female and male victims and survivors, prevention programmes for perpetrators of abuse, a Domestic Violence Helpline and a Relationships without Fear schools programme

Homelessness : Supported Lodgings for young people, supported accommodation for single people including specialist supported accommodation for ex-offenders

Community Services:

Act Now! services to support people to develop the skills and confidence they need to live independently and return to education, training or employment.

Refugee Resettlement: advice and support to help refugees who have escaped persecution and danger to settle, establish networks of support and access opportunities for playing a positive part in their community.

For more information or to get involved

Arch (North Staffs) Ltd

Canalside, Pelham Street, Hanley, Stoke on Trent, ST1 3LL

• 01782 204479 • info@archnorthstaffs.org.uk • www.archnorthstaffs.org.uk

